



# GLOBAL HEALTH PHARMACY

## ASK YOUR GLOBAL HEALTH PHARMACIST

News from your Global Health Education Center

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### YOUR MEDICATION CHECK-UP

#### WHAT IS A MEDICATION CHECK-UP?

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*It is a free service to you, our valued customers/clients, provided by Global Health Pharmacy. This service is called Medication Therapy Management (MTM). Your Global Health Pharmacists will be happy to answer any question you may have about your medications or meet with you in person to review and discuss any concerns or questions you may have about your medicines:*

*PRESCRIPTION MEDICATIONS*

*OVER-THE-COUNTER (OTC) MEDICATIONS OR PRODUCTS*

*HOMEOPATHIC MEDICINES*

*HERBAL PRODUCTS*

*DIETARY SUPPLEMENTS, and MUCH MORE.*

#### WHO SHOULD HAVE A MEDICATION CHECK-UP?

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*Anyone who uses PRESCRIPTION MEDICATIONS, HOMEOPATHIC MEDICINES, HERBAL PRODUCTS, OVER-THE-COUNTER (OTC) MEDICINES/PRODUCTS and/or DIETARY SUPPLEMENTS.*

*This service will be especially helpful if you are taking:*

- *Multiple Medications*
- *Have several or multiple health conditions*
- *Have questions or need assistance taking your medications*
- *Take medication that requires regular laboratory values like Coumadin (Warfarin)*
- *Have been recently Hospitalized or have a change in your medication or dosage*
- *Want to reduce your out-of-pocket medication cost and expenses*
- *You are getting medication from different pharmacies.*



# GLOBAL HEALTH PHARMACY

## **BENEFITS OF HAVING A MEDICATION CHECK-UP**

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The benefits of having your medication check-up includes but is not limited to:

- Lowering your health care costs
- Clarify any problems that may arise from taking medication (ex. side effects)
- You can better understand when, why and how to take your medicines
- Can help prevent emergency trips to the hospital
- Will help you manage your health conditions such as:

HIGH BLOOD PRESSURE    HEART DISEASE    ASTHMA    DIABETES  
DEPRESSION                    BLOOD CLOTS    AND MANY OTHERS

## **WHAT YOUR GLOBAL HEALTH PHARMACISTS CAN DO FOR YOU**

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Your Global Health Pharmacist will help you understand how to manage your health condition, use your medications appropriately to get the most benefit, answer any questions you may have about your medications, and help you organize your medications. Your Global Health Pharmacist will check to make sure you are not having problems with your medications. Your Global Health Pharmacist will be happy to work with you and your Doctor to solve any problems you may have with your medications.

## **YOUR GLOBAL HEALTH PHARMACIST IS A PARTNER IN MANAGING YOUR MEDICATIONS**

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Your Global Health Pharmacist is your partner in managing your medications and other health conditions. Every time you get a prescription filled or purchase an over-the-counter remedy from your Global Health Pharmacy, your Global Health Pharmacist will check to make sure you are getting the right medication for you and your health conditions.

Your Global Health Pharmacist is a medication expert, with many years of advanced training on how medications work. A medication check-up will help to improve your health and overall condition. Your Global Health Pharmacist is here to help you use your medication accurate and correctly while saving on cost.

Nothing herein constitutes medical advice, diagnosis or treatment, or is a substitute for professional advice. You should always seek the advice of your physician or other medical professional if you have questions or concerns about a medical condition.

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